

Fire Keepers Elder Center November 2016 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
All Activities are subject to change	Craft Room Activities are everyday	1 10:30 Chair Exercise	2 Walk @ 11 am Art Project with Kent Miller 12:30	3 10:30 Chair Exercise In House Movie @ 1:15	4 Shopping in Topeka 12:45	5
6	7	8 10:30 Chair Exercise Take a Ride on the Rez lv: 1 p.m.	9 Walk @ 11 am	10 10:30 Chair Exercise Shopping in Topeka 12:45	11 <u>ELDER CENTER CLOSED</u>	12
13	14	15 10:30 Chair Exercise Bingo 1:15 pm Bring a wrapped gift	16 Walk @ 11 am Art Project with Kent Miller 12:30	17 10:30 Chair Exercise	18 Haircuts @ 9 Shopping in Topeka 12:45	19
20	21 Movies in Topeka Lv: at noon	22 10:30 Chair Exercise Shopping in Topeka 12:45	23 Walk @ 11 am	24 10:30 Chair Exercise <u>ELDER CENTER CLOSED</u>	25 <u>ELDER CENTER CLOSED</u>	26
27	28 In House Movie @ 1:15	29 10:30 Chair Exercise	30 Walk @ 11 am Squaw Creek National Wild Life Refuge Lv: 8 a.m. Weather permitting	Buffalo for Elders will be 11-14 to 11-17	<u>All Activities are Weather Permitting</u>	