

# MISSION STATEMENT

The Prairie Band Potawatomi Nation Behavioral Health Program recognizes that substance use disorders and behavioral health problems reduce the overall quality of human life. It is our mission to provide prevention, intervention, and the resources necessary to ensure quality care.



The Alcohol & Drug Recovery Program originated in 1989 and has faithfully served our Nation and surrounding area for over 25 years.

In November 2018 - The Prairie Band Potawatomi Nation is the first tribe in Kansas to build a facility for the sole purpose of mental health care .

## What is EMDR and How Does it Work?

### Eye Movement Desensitization & Reprocessing (EMDR)

- \* Eye movement desensitization & reprocessing therapy, commonly known as EMDR, is a mental health therapy method.
- \* EMDR treats mental health conditions that happen because of memories from traumatic events in your past.
- \* EMDR is a mental health technique that involves moving your eyes a specific way while you process traumatic memories.
- \* The goal of EMDR is to help you heal from trauma or other distressing life experiences.
- \* This technique is effective and can help a person faster than many other methods.

### AREA NATIVE SOCIAL SUPPORT GROUPS

#### TUESDAY

7:00p AA Meeting/Kickapoo Methodist Church  
Kickapoo Reservation-Horton

#### WEDNESDAY

7:00p AA Meeting/Rock Bldg  
PPBN Reservation I62nd & Q Rd

### BEHAVIORAL HEALTH SUPPORT GROUPS (Evaluation needed first)

#### TUESDAY/THURSDAY

10:00a Outpatient Group/Behavioral Health Group Room

#### WEDNESDAY

10:00a Continuing Care Group/Behavioral Health Group room.

11:00a Mental Health Group/Behavioral Health Group Room.

## PRAIRIE BAND POTAWATOMI NATION

### Behavioral Health Program



11386 I58th Road  
Mayetta, KS 66509

Toll Free: (866) 683-8364

T: (785) 966-8364

F: (785) 966-8386

#### Office Hours

Monday - Friday

8:00am - 4:30pm

# PHILOSOPHY

The Prairie Band Potawatomi Nation Behavioral Health Program utilizes diverse treatment approaches including the biological/psychological/social/spiritual model of addictive disease, the Developmental Process of Recovery, self-help programs, motivational interviewing, strength-based methods, Red Road approach and behavioral health therapy. We recognize the importance of our clients reconnecting with community, culture and their spirituality as an essential component of recovery.

# POPULATION

The Behavioral Health Program of the Prairie Band Potawatomi Nation serves the Potawatomi Reservation and all Native Americans in the surrounding areas. We are located on the Potawatomi Reservation in the PBP Health Center. The Behavioral Health Program is organized under the Prairie Band Potawatomi Health Clinic.

# SERVICES

## Our Program provides:

- \* Substance Use Disorder Evaluations
- \* Mental Health Evaluations
- \* Psychiatric Medication Evaluations
- \* Eye Movement Desensitization & Reprocessing (EMDR)
- \* Referrals for Residential Treatment
- \* Individual Outpatient Counseling
- \* Individual, Family and Couples Counseling
- \* Dual Diagnosis Treatment
- \* Outpatient Group (Level I)
- \* Anger Management Assessments
- \* Alcohol & Drug Education Class (Quarterly)
- \* Crisis Intervention
- \* Jail Visits (Brown, Jackson & Shawnee counties only)
- \* Collaboration with Tribal, City & County Court Systems
- \* We offer services in person and via telehealth

# STAFF

**Walter “Tony” Siebert , Program Manager  
LSCSW, LCAC, CAMS II**  
Behavioral Health Therapist  
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**Karan Russell  
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**Mendy Thompson, LCAC**  
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Behavioral Health Counselor  
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**Edie Wamego, PCCM**  
Program Support Assistant  
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**Lea Jessepe, HIM Tech**  
Health Info Management  
Direct Line: (785) 966-8364  
Leajessepe@pbpnation.org

Behavioral Health Program is a certified substance use disorders treatment facility by the Kansas Department of Aging and Disability Services, and works with other State licensed providers and Indian Health Service. The program has been JCAHO accredited since