

# FIRE KEEPERS ELDER CENTER

# August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<b>Potawatomi Gathering 2024- LIMITED STAFFING</b>			1	2	3
		<b>Center Closes at 3:30p (Through August 5<sup>th</sup>)</b>					
4	5 Return From Gathering	6 10:30 Chair Exercises 1pm- Collect Chairs from gathering	7 10:30 Healing through Arts 12:30 Language	8 10:30 Chair Exercises 11:30 fresh Conversations	9	10	
11 SUNDAY FUNDAY (Community Event)	12 9am- KS Health Tribal Summit @ PBPC	13 9am- KS Health Tribal Summit @ PBPC 10:30 Chair Exercises	14 10:30 Healing through Arts 12:30 Language  <b>ICE CREAM SOCIAL</b>	15 9a- Shuffleboard 10:30 Chair Exercises 12:30 Birthday Bingo (done by 2) 2p- Lifetime Eyecare (Adjust, replace pads, clean lens)	16 8:00am- Omaha Trip* (\$) (ALL DAY TRIP)	17	
18	19 12:30 Diamond Art Coaster Making (Start)	20 10:30 Chair Exercises 11:15 Thrift Shop (\$)	21 10:30 Healing through Arts 12:30 Language	22 9a- Shuffleboard 9:30 Foot Clinic 10:30 Chair Exercises 10a- Topeka Scavenger Hunt*	23 12:30 Diamond Art Coaster Making (Continued)	24	
25	26 11a Sac N Fox Bingo (\$)	27 10:30 Chair Exercises	28 10:30 Healing through Arts 12:30 Language <b>ICE CREAM SOCIAL</b>	29 10a- Bowling 10:30 Chair Exercises	30 <b>½ Day Nation Closed LUNCH SERVED FROM 11-12</b>	31	

## EVENTS

AS ALWAYS: SHUFFLEBOARD, POOL, PUZZLES, SEWING AND CRAFTING ARE AVAILABLE DAILY.

IF YOU NEED A RIDE TO THE CENTER CALL  
**785.966.0053**

### Omaha Trip

Visit Pilcher's Indian Store and Rebecca's Indian Trading Post Store. We will also have lunch and return by the end of the day. Bring your own money.

½ August 30<sup>th</sup>-September 2<sup>nd</sup> CLOSED HOLIDAY OBSERVANCE ACCORDING TO CALENDAR FOR LABOR DAY.

### Shuffleboard

If you would like to compete with several of our tribal elders at the Kansas State Senior Games, we have set up 3 opportunities to scope out of the competition and practice with those you will be playing against. See Mary LeClere or stop by the elder center, if you would like to sign up to compete at the State Games.

### Kansas Tribal Health Summit

The summit will take place at the Casino on August 12<sup>th</sup> and 13<sup>th</sup>. This will cover a lot of topics and they will also have vendors here as well. Come Take a look.

\* Means limited spots available (\$ ) means bring your own money