

January 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1	2 10- Chair Exercises	3	4
5	6 12- Essentials Run (\$)	7 10- Chair Exercises	8	9 10- Chair Exercises	10	11
12 BUFFALO WEEK Mon-Thurs→ 8-4 @ LANDS DEPT	13	14 10- Chair Exercises 10- Bowling	15 8:30-11 PBPC Run	16 10- Chair Exercises 11:30 Fresh Conversations	17	18
19	20 NATION CLOSED	21 10- Chair Exercises	22	23 9:30 Foot Clinic 10- Chair Exercises	24	25
26	27 10- Sac N Fox Bingo	28 10- Chair Exercises	29 8:30-11 PBPC Run	30 10- Chair Exercises	31	

Notes

(\$) Elder Center is providing transportation, Elder is responsible for cost of activities

ELDER CENTER PHONE NUMBERS: Dawn 785.966.8091 Taylor 785.966.8093 Meeks/Andree 785.966.8094

Elder center has board games, television, pool, snooker, puzzles, craft, sewing and shuffleboard available daily.