

# MISSION STATEMENT

The Prairie Band Potawatomi Nation Behavioral Health Program recognizes that substance use disorders and behavioral health problems reduce the overall quality of human life. It is our mission to provide prevention, intervention, and the resources necessary to ensure quality care.



The Alcohol & Drug Recovery Program originated in 1989 and has faithfully served our Nation and surrounding area for over 25 years.

In November 2018 - The Prairie Band Potawatomi Nation is the first tribe in Kansas to build a facility for the sole purpose of mental health care.

## What is EMDR and How Does it Work?

### Eye Movement Desensitization & Reprocessing (EMDR)

- Eye movement desensitization & reprocessing therapy, commonly known as EMDR, is a mental health therapy method.
- EMDR treats mental health conditions that happen because of memories from traumatic events in your past.
- EMDR is a mental health technique that involves moving your eyes a specific way while you process traumatic memories.
- The goal of EMDR is to help you heal from trauma or other distressing life experiences.
- This technique is effective and can help a person faster than many other methods.

### BEHAVIORAL HEALTH TREATMENT PROGRAMMING (Substance Use Disorder or Mental Health Evaluation required first)

**TUESDAY/THURSDAY**  
10:00a Outpatient Group Counseling (SUD)

**WEDNESDAY**  
10:00a Continuing Care Group (SUD)

11:00a Mental Health Group (MH) Suspended until further notice.

### AREA NATIVE SOCIAL SUPPORT GROUPS

**TUESDAY**  
7:00p AA Meeting-Kickapoo Methodist Church  
Kickapoo Reservation-Horton

**WEDNESDAY**  
7:00p AA Meeting-Rock Bldg  
PPBN Reservation 162nd & Q Rd

## PRAIRIE BAND POTAWATOMI NATION

### Behavioral Health Program



**11386 158th Road  
Mayetta, KS 66509**

**Toll Free: (866) 683-8364**

**T: (785) 966-8364**

**F: (785) 966-8386**

### Office Hours

**Monday - Friday**

**8:00am - 4:30pm**

# PHILOSOPHY

The Prairie Band Potawatomi Nation Behavioral Health Program utilizes diverse treatment approaches including the biological/psychological/social/spiritual model of addictive disease, the Developmental Process of Recovery, self-help programs, motivational interviewing, strength-based methods, Red Road approach and behavioral health therapy. We recognize the importance of our clients reconnecting with community, culture and their spirituality as an essential component of recovery.

# POPULATION

The Behavioral Health Program of the Prairie Band Potawatomi Nation serves the Potawatomi Reservation and all Native Americans in the surrounding areas. We are located on the Potawatomi Reservation in the PBP Health Center. The Behavioral Health Program is organized under the Prairie Band Potawatomi Health Clinic.

# SERVICES

## Our Program provides:

- Substance Use Disorder Evaluations
- Mental Health Evaluations
- Psychiatric Medication Evaluations
- Eye Movement Desensitization & Reprocessing (EMDR)
- SEp (Somatic Experience practitioner)
- Referrals for Residential Treatment
- Individual Outpatient Counseling
- Individual and Couples Counseling
- Dual Diagnosis Treatment
- Outpatient Group (Level I)
- Anger Management Assessments
- Alcohol & Drug Education Class (Quarterly)
- Crisis Intervention
- Jail Visits (Brown, Jackson & Shawnee counties only)
- Collaboration with Tribal, City & County Court Systems
- We offer services in person and via telehealth

Behavioral Health Program is a certified substance use disorders treatment facility by the Kansas Department of Aging and Disability Services, and works with other State licensed providers and Indian Health Service. The program has been JCAHO accredited since

2019.

# STAFF

## Mendy Thompson, LCAC

### Program Manager

Alcohol and Drug Counselor  
Direct Line: (785) 966-8354  
MendyThompson@pbnation.org

**Specialization:** Substance Use Disorder, Anger Management

## Karan Russell

### Advanced Practice Registered Nurse

Direct Line: (785) 966-8356  
KaranRussell@pbnation.org

**Specialization:** Medication Management

## Winona "Noni" Boado, NCC, LAC, PCCM

Alcohol and Drug Counselor  
Direct Line: (785) 966-8364  
WinonaBoado@pbnation.org

**Specialization:** Substance Use Disorder, Grief Work

## Cara Arnold, LCSW, LMAC

Behavioral Health Counselor  
Direct Line: (785) 966-8320  
CaraArnold@pbnation.org

**Specialization:** SEp, EMDR for the treatment of trauma.

## Andrea LeBeau, LCSW, LCAC

Behavioral Health Counselor  
Direct Line: (785) 966-8369  
AndreaLebeau@pbnation.org

**Specialization:** Mental Health, Couples Counseling

## Edie Wamego, MSW

Program Support Assistant  
Direct Line: (785) 966-8355  
EdithWamego@pbnation.org

## Lea Jessepe, HIM Tech

Health Information Management  
Direct Line: (785) 966-8364  
LeaJessepe@pbnation.org